

September
1998

Inside: Dept. of City Planning Survey And NYCC Century Registration Inserts

September 1998

NYCC Bulletin

*If You Missed
Roosevelt Island,
Will You Be Ready For The
NYCC Century?*



September Opportunities

FROM THE PRESIDENT — GENE VEZZANI

Opportunity #1 — In Grateful Remembrance

Sid Lang, the founder of the New York Cycle Club, died on June 20, 1998.

During a phone conversation last year, Sid explained that our organization started out as a hiking club in 1935. Two years later he realized that he could go further and faster if he got on a bicycle. Therefore, in 1937 the New York Cycle Club officially came into existence.

The first ride listings, Sid went on to say, were published weekly in the Friday edition of a local New York City newspaper. As recently as last year Sid said that he still enjoyed an occasional short spin on his bicycle.

Let's all take a quiet minute to say a thank you to Sid Lang in our own way.

Opportunity #2 — Thank You Dona and Anne!

The July 25th All Class Ride Cookout was an outstanding post-ride event! The All Class ride leaders brought their groups to a reserved picnic area in a park on Roosevelt Island that featured a magnificent East River view. Dona Kahn and Anne Grossman out-did themselves by arranging a full-blown smorgasbord style dinner. Just some of the treats for club members included roast herb chicken, grilled hamburgers, basil-mozzarella-tomato salad, cole slaw, tortellini salad, potato salad, tortilla chips with salsa, fresh fruit salad, assorted cheeses, breads, rolls, pastries, cookies, and a variety of cold drinks. We all had to roll ourselves back home.



We thank Dona and Anne for the many hours that they invested planning and delivering the best-ever post-ride party. (*But who are those two rascals on the right? — Ed.*)

Opportunity #3 — Sneak Preview of New Design for NYCC Jersey

All of the attendees of the August club meeting were treated to a preview showing of the new club jersey designed by Richard Rosenthal. The first offering of this exceptional new jersey design shall be a long sleeve fall/winter version constructed from the latest wicking fabric engineered to keep you comfortably warm and dry.

Now is the time to treat yourself to a new jersey that graphically displays the positive cycling spirit of the area of the country in which we ride. Watch the Bulletin and your e-mail for ordering information.

Opportunity #4 — Escape from New York Century

The New York Cycle Club's Escape from New York Century was listed as one of the top centuries in the country by Bicycling Magazine. Everybody that has participated in the 50, the 62 or the full 100 mile ride seems to rave about the route, the food and the good nature of the folks that ride along side of them.

Take a minute now and complete the registration form that is inserted in this edition of the Bulletin, and join hundreds of area cyclists on Saturday, September 26th for one of the best centuries of the year.

Opportunity #5 — E-mail Ride Listings

Every month we send weekly updates of upcoming rides and special events to our members via e-mail. You are cordially invited to join our free Internet notification service by simply sending you name and your e-mail address to genev@pipeline.com. This service is a benefit limited to members only, take advantage of it!

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donaskahn@aol.com or call Dona Kahn at 212-399-9009.

E-MAIL IS PREFERABLE. Please include your name and full address in your message.

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Submit copy via e-mail or 3.5" diskette plus hard copy. Advise operating system, software, phone number, and e-mail. Material may be edited for brevity and clarity. A full page of text is 750 to 1,090 words. Publication is determined by available space. We cannot guarantee that all submissions will be published. Submission is contributor's warranty to the NYCC that material is in no way an infringement on the rights of another and may be published without additional approval.

Deadline: All submissions and advertising are due the Fourteenth of the month prior to publication.

Visit Our Web Page:
<http://www.nycc.org>

Club Rides

RIDE LISTINGS: To lead a NYCC ride next month and list it in the Bulletin, contact the Ride Coordinator (see page 2) for that ride class on or before this month's club meeting date.
BEFORE YOUR FIRST CLUB RIDE: Please read about club rides on page 11.

ALWAYS WEAR YOUR HELMET. NO HEADPHONES.



Unless otherwise stated, precipitation at starting time cancels the ride.



Thursday, September 3

A19 65 MI 10:00 AM

Sick Day, Ride Day Summer Series #308

Leader: Jill Tucker 212-431-3029

From: The Boathouse.

Start your labor early. That is, your Labor Day weekend. Bring two water bottles for early delivery. Sick notes provided at premium holiday rates.

Saturday, September 5

A19 70 MI 9:00 AM

Armonk

Leader: Tom Laskey (212) 496-1636.

From: The Boathouse.

This classic Westchester ride includes some lovely cruising by lakes and reservoirs, the rolling hills of Whippoorwill Rd., and the all important deli stop at Schriefer's. It's close to 40 miles to lunch so two water bottles and pocket food are highly advisable. The usual cancels.

B16 60 MI 9:00 AM

Labor Day Weekend Ride

Leader: TBD

From: The Boathouse.

Share the Labor Day holiday with others who love to ride. Meet at the Boathouse and pick a destination.

Sunday, September 6

A19 60 MI 9:00 AM

Pickup Ride to Rockland

Leader: TBD

From: The Boathouse.

You know the way, have a blast!!

B14/16 60+/- MI 9:30AM

Nyack

Leaders: Hindy and Irving Schachter (212) 758-5738.

From: First Avenue & E 64th St, NW corner.

We enjoy coffee at the Runcible Spoon so once again we will cross the GW Bridge, split into two groups and ride through Bergen and Rockland Counties until we hit Nyack. The slower group has a relatively flat jaunt through Piermont and Grandview on Hudson. The faster group has an even hillier route than on our July 5 outing. Either way, we should have fun.

C13 56 MI 9:30 AM

The Shades of Nyack

Leader: Peter Hochstein (212) 427-1041. From: The Boathouse.

We'll go by the shadiest routes I know at a gentle pace. Eat a little lunch along the Hudson in Nyack Beach State Park. Schmooze a little. Then home, also via a reasonably shady route. You wanna ride real fast? Go find some other ride! Bring spare inner tube or patch kit, pump, helmet. Bring/buy lunch and be prepared to schlepp it approximately 2 miles to our picnic site.

C12 18 MI 8:45 AM

The Great Brooklyn-Manhattan Historical Tour

Leader: Terry Chin (718) 680-5227.

From: Soldiers and Sailors Monument, Grand Army Plaza at Prospect Park.

A meandering exploration of the historical sites of Prospect Park, Brooklyn Heights, Brooklyn Bridge, the African-American Cemetery, Trinity Church, Vietnam's Veterans Memorial, and others, this tour has many, many stops. We'll continue our ride with a late lunch at South Street Seaport Co-led with 5BBC

Monday, September 7

A19 60 MI 9:00 AM

Where is everyone?

From: The Boathouse.

All our regular leaders are away for the weekend, but that doesn't mean you can't ride. Surely, there will be others at the boathouse!

B18 80 MI 8:30 AM

A Cure for Nyack

Leader: Peter O'Reilly (212) 414-1937. From: The Boathouse.

Today's ride provides for nice long scenic stretches of riding through less familiar NYCC territory. It should be a nice alternative to the old and familiar standby, Nyack/Rockland Lake. We cycle through the more northwestern portions of Bergen and Rockland Counties while catching the last few rays of the summer sun. With an early start, few hills to climb, a lunch stop that will completely refill your fuel tank and adhering to the advertised pace, an early return to the City is expected. Extra water recommended.

C12 30/40 MI 8:30/9:30 AM

Gateway Getaway: Rockaway Greenway Excursion

Leader: Terry Chin, (718) 680-5227. From: City Hall at 8:30 am (40 mi) or Prospect Park Picnic House at 9:30 am (30 mi).

Explore the newly restored greenways to Canarsie Pier and Historic Floyd Bennet Field. This airfield was NYC's first municipal airport and was site of many aviation records. There are some great views of Jamaica Bay and the Manhattan skyline, too. Co-led with 5BBC.

Friday, September 11

B16 50/60 MI TIME TBA

Jersey Shore Escape

Leader: Ron Grossberg (718) 369-2413 or argee401@aol.com.

We can use my car (up to three people and our bikes) to escape to a scenic starting point to put in some miles. Call by Wednesday.

Saturday, September 12

A19 68 MI 9:00 AM

Frejus 30th Anniversary Ride

Leaders: Karl Dittebrandt (212) 925-9854 and Bill Richards (212) 675-1946.

From: The Boathouse.

This ride is somewhat less ambitious than the item put together for the Frejus 20th Anniversary Ride. We will not attempt to bring a large and unwieldy group up the west side of the Hudson over the Beacon-Newburg Bridge and down the east side. Instead we will venture to South Mountain Rd, stopping first at the Colonial Diner and return by way of Sparkill. Hopefully, many of you who took part ten years ago will join us for this celebration! Toe clips and wool jerseys appreciated.

B18 65 MI 9:00 AM

The Sculpture Ride

Leader: Herb Dershowitz (212) 929-0787. From: The Boathouse.

A ride to the beautiful Pepsico sculpture gardens in Purchase, NY. Take an inspiring walk around the world famous objects d'art. We'll pick up food to picnic by the lake.

C14 50 MI 9:00 AM Life is a Breeze

Leader: Spencer Koromilas (212) 867-8678.

From: City Hall across from the Brooklyn Bridge.

Breeze your way on the scenic route through Brooklyn on our way to Riis Park, Breeze Point and its semi-nude bathing on the "private" sands. Must be able to fix flats and eat "real" Italian. Bring your favorite bathing suits.

C13 45 MI 8:30 AM Point to Point Ride

Leader: Jim Drazios (718) 225-1842. From: The Statue of Civic Virtue, Union Tpk & Queens Blvd. (E or F train to Union Turnpike Station.)

From Sands Point to Kings Point. By popular demand for those who missed out on this last scenic ride to the rich and famous.

Sunday, September 13**Oyster Bay All-Class Ride and Picnic!****JOIN US FOR THE LAST ALL-CLASS RIDE OF 1998.**

All the rides will meet up at Roosevelt Memorial Park in Oyster Bay at approximately 12:30 for a group picnic. Enter the park by crossing the railroad tracks near the gazebo on Main Street. Our picnic area will be on the right, past the restrooms, near the pavilion.

A21+ 70+/- MI 9:30/10:00 AM

Leader: Jeff Vogel (718) 275-6978. From: Tramway Plaza (59th St & 2nd Ave.) at 9:30 and Queens Blvd & Jewel Ave at 10:30.

We're going 42 miles nonstop to Oyster Bay for the group picnic at 12:30. Best of all, the leader guarantees scenic, shady roads, some of which have never been used on an NYCC ride.

A19 70+/- MI 9:00/9:30 AM

Leader: Margaret Cipolla (718) 275-6978. From: Tramway Plaza (59th St & 2nd Ave.) at 9:00 and Queens Blvd. & Jewel Ave at 9:30.

Join us for lots of scenic, shady roads on the way to Oyster Bay. The leader will join the group at the Queens start.

B17/15 60 MI 9:00/9:45 AM

Leaders: Mark Bernstein (718) 833-6648, Karin Fantus (212) 873-5559, Ron Grossberg (718) 369-2413, Gary McGraime (212) 877-4257 and Peter O'Reilly (212) 414-1937. From: The Boathouse at 9:00 and The Statue of Civic Virtue (E or F train to Union Tpk & Queens Blvd) at 9:45. We'll break up into several groups, according to speed. There'll be something for everyone!

C14 55+/- MI 9:15 AM

Leader: Bernie Brandell (718) 633-1759. From: The Statue of Civic Virtue (E or F train to Union Tpk & Queens Blvd.).

We'll enjoy the road of L.I.'s North Shore on our way to the all-class picnic.

Wednesday, September 16**A21+ 70 MI 9:00 AM Armonk or Rockland Lake (By Group Decision)**

Leader: John Blackmar (212) 369-1419 From: The Boathouse.

Too tired to work? Join me for a vigorous spin up North. Participants must call me the day before if coming, otherwise I'll assume everyone is working and I won't show up at The Boathouse.

Friday, September 18**B16 50/60 MI TIME TBD Friday's New Hope Escape**

Leader: Ron Grossberg (718) 369-2413 or e-mail argee401@aol.com.

We can use my car (up to three people and our bikes) to escape to a scenic starting point to put in some miles. Call by Wednesday.

Saturday, September 19**A20+ 120 MI 8:00 AM Greenwood Lake**

Road Leaders: Stephanie Bleacher and Rich Borow (212) 348-2661

Leader Emeritus: Mark Martinez (may come on skates).

Spiritual Leader: Herb Dershowitz (wouldn't come if we paid him a million dollars).

From: The Boathouse.

Return of the NYCC Fall Classic. Bring two water bottles, pocket food, and strong legs. Be prepared to climb hills. Cue sheets will be available for those wanting to go at a slower pace. Rain date: Sunday, September 20.

Call leaders if weather is questionable.

A19 95 MI 8:30 AM Almost A Century

Leader: Fred Steinberg (212) 787-5204 From: The Boathouse.

I have to work next Saturday and will miss our NYCC Century. To compensate I'm planning to ride nearly that distance, doing a big loop through Rockland County, covering parts of the Century route. It's almost the real thing; beautiful and hilly with a fast return via Saddle River Rd. T-Shirts, food, energy bars, free tubes, raffle, post ride party **not provided!** Cheapskates or laggards unwilling to participate in the Century **not welcome!** (Bring a note from your mother). Bring two (2) water bottles, pocket food, helmet. Rain date is 9/20, confirm w/leader.

A18+ 60 MI 9:00 AM Return of the Slow A

Leader: Todd Brilliant (212) 274-9463. From: The Boathouse.

I will try to lead a slow A, but note the "+" just in case I can't do it. I apologize in advance for not being able to control my ride. Back roads into Nyack.

B17 70+/- MI 9:00 AM Anywhere But Here

Leader: Carolyn Booher (718) 636-0315. From: The Boathouse.

Armonk? Bedford? Pearl River? Staten Island? Battery Park? Who cares. Let's go.

B14 50/60 MI 7:45 AM Scenic Connecticut Ride

Leader: John Zap (212) 219-3339 (work) and (203) 972-9339(home).

From: Grand Central Terminal.

Leave from GCT on the New Haven Line's 8:05 am train to Darien, CT. John will meet the group at the Darien train station for a scenic ride through mostly flat and rolling terrain with two big hills. See New Canaan, Norwalk, Wilton, Pound Ridge, Stanford, Darien and Westport (time permitting). Very scenic and mostly shaded. **Metro-North Pass required.**

B13 40 MI 11:15 AM Staten Island's Little Switzerland and Cheek To Cheek Tango

Leader: Paul Rubenfarb (212) 740-9123. From: In front of Ray's Pizza at South Ferry.

Staten Island brewers built charming villas on steep winding, forested lanes overlooking NY Harbor. From this area, we'll follow the highlands southward, later imbibing the waterfront on the way back. During intermission, land that esculent boyfriend/girlfriend dancing intimate tango. Rain or shine.

B/C14 35/48 MI 8:35 AM North County Trailway

Leaders: Marilyn and Ken Weissman (212) 222-5527. From: Grand Central Information Booth for the 8:57 am bike train to Brewster.

The North County Trailway is Westchester County's newly-completed paved rail-trail, running almost 25 miles from the Putnam/Westchester border to Tarrytown. It predominantly follows the old Putnam Line's railbed, but now crosses the Croton Reservoir on its own bridge. About 10 miles and a few hills to the railhead. Metro North from Tarrytown or add about 13 miles to the #1 train. Picnic lunch. "C" speed and terrain; "B" stop conditions. Rain date: Sunday, September 20th. **Metro North Pass required.**

C12 25 MI 12:45 PM Brooklyn Residential Tour

Leader: Terry Chin (718) 680-5227. From: Prospect Park Picnic House. This tour visits the quieter sections of Brooklyn. We'll tour Brooklyn Heights, Park Slope, Boro Park, Bay Ridge, Coney Island, Sheepshead Bay, Midwood, and Kensington. Some modest hills. Co-led with 5BBC.

ATB1 DIST TBD TIME TBD Downhill Mania Bike Plattikill

Leader: Larry Rutkowski (212) 799-9625 (daytime).
Call Larry for meeting place, mileage and leaving time.
Downhill and cross-country mountain biking for all levels of experience. Round trip coach transport for you and your bike and full day lift ticket — \$50 plus tax. Space limited. Reservations necessary. **Helmets required.** You can reserve a mountain bike rental in advance if you don't want to bring your own bike.

Sunday, September 20

A19 60 MI 8:30 AM Saddle River Road.

Leader: Richard Kaufman (212) 864-3665. From: The Boathouse.
We will investigate the rumor that the source of the Saddle River is a plumbing leak at Elmer's. The usual cancels.

A19 75 MI 8:30 AM Reservoir Route

Leader: Damon Hart (212) 753-0204. From: The Boathouse
It's definitely Rockland County next weekend for the century, so how about a picturesque Westchester ride with a bit of Fairfield thrown in? Lunch in Bedford and Metro-North return from Croton Falls (**Metro-North passes required.**) Option to extend to 95 miles and return from Cold Spring. Disciplined A skills required. Rain cancels.

KB18+ 70 MI 9:00 AM Return of the Killer B's

Leader: Todd Brilliant (212) 274-9463. From: The Boathouse.
Due to popular demand, I will be leading another fast B (slow A) into Rockland. I've since learned that KB rides are supposed to be hilly; therefore, unlike the last one, expect quite a few climbs. Bring enough water and pocket food for riding 40-50 miles before we stop.

B15 60 MI 9:15 AM B Flat By the Sea

Leader: Mark Bernstein (718) 833-6648. From: City Hall Steps.
September is century month, so let's take a break and go for a totally flat, peaceful ride following the ocean through three counties. Rain cancels. Hope for an early return.

C13 38 MI 9:00 AM Not Piermont or Park Ridge

Leaders: Michael Di cerbo (212) 645-1120 and Jan Chenoweth (212) 721-8258. From: The Boathouse.
A ride through the suburbs of northern New Jersey on a new route. Lunch at a beautiful park.

Wednesday, September 23

A/B/C 0 MI 5:00-7:00 PM Mambo Madness

Leaders: Anne Grossman (212) 924-1549 and Toni Nappi (212) 374-9644. From: La Maganette, 825 3rd Avenue at 50th St. (212) 759-5677.
It's time to mambo! Put on your dancing shoes and get yourself to La Maganette between 5:00 pm and 7:00 pm for the \$3 admission (after 7:00 pm, the admission is \$10). Learn the basic steps of the mambo and the cha-cha and dance to a Cuban/Mambo orchestra. Complimentary snacks. Casual attire, but no jeans or sneakers. You must RSVP either Anne Grossman or Toni Nappi by 9/21 so that we can reserve a table. The earlier you get there, the better.

**Why Don't You Try Co-Leading a Ride This Summer?
Call Your Ride Coordinator to Find Out How.**

Saturday, September 26

Escape From New York Century

On-site registration begins at 7:00 am at Sakura Park (opposite Grant's Tomb at 122nd St. and Riverside Drive). Scenic and challenging routes that take you away from the honking and traffic and cabbies. 50-mile route goes to Piermont, 75-mile route to Rockland Lake State Park, 100-mile route to Bear Mountain. Great food, fun post-event party.

Sunday, September 27

A20 55 MI 9:30 AM You know this without reading it

Leader: Richard Rosenthal (212) 371-4700 From the Boathouse.
As always, it's the extraordinary beauty, rolling terrain, and lack of traffic on relatively nearby, 9-mile long River Road, and 2-out-of-3 of the challenging Tweed-Bradley-Clausland climbs. The only difference now is the more modestly priced market along the Piermont Canal instead of the overpriced Community market, en route to lunch along the canal bank. As I won't have ridden for a few weeks, look for me farther off the back than usual of every uphill, including speed bumps and driveways. Those exhausted by yesterday's century are especially welcomed.

B16/17 65+ MI 9:00 AM Caumsett State Park

Leader: Ron Grossberg (718) 369-2413. From: The Statue of Civic Virtue (Union Turnpike & Queens Blvd — E/F train).
We'll ride along the north shore of Long Island, past Oyster Bay to Cold Spring Harbor located on the Long Island Sound. The route is scenic with some rolling terrain and one big hill. Bring pocket food and plenty of water.

C13 45+/- MI 9:15 AM Recovery Ride to Piermont

Leader: TBA, if we find one. From: The Boathouse.
After doing the Escape from NY Century, Metric, or Half Century, we're ready to ride slowly to Piermont to recover.

Saturday, October 3

A19/21 79 MI 8:30 AM Armonk

Leaders, Christy Guzzetta (212) 595 3674, Josh Lewis (914) 771 9520, Steve Flynn (914) 337 3618. From: The Boathouse.
We'll pick up our leaders in Bronxville and then head on out for a beautiful early fall ride in Westchester. Along Rte 22 and up Whipoorwill. Cruise into Armonk for doughnuts and cider (it's the season for cider). Then return along Kensico Reservoir, White Plains, Scarsdale and Bronxville. Perfect ride for the season. **Bring Metro-North pass** in the event we have too much fun to ride all the way home.

B16/17 65+ MI 8:30 AM Caumsett State Park

Leader: Jim Drazios (718) 225-1842. From: The Statue of Civic Virtue (Union Turnpike & Queens Blvd. — E/F train).
We'll ride along the north shore of Long Island, past Oyster Bay to Cold Spring Harbor located on the Long Island Sound. The route is scenic with some rolling terrain and one big hill. Bring pocket food and plenty of water.

B14 40 MI 10:00 AM Saddle River Local

Leaders: Larry Rutkowski (212) 799-9625 wk and Alinda Barth (212) 928-5399. From: New Jersey side of GW Bridge at Hudson Terrace.
Join us for a mellow ride along scenic roads across the River. We won't ride in the rain.

C13 55+/- MI 9:00 AM Nyack

Leaders: Lynn Sarro (212) 722-8495 and Linda Wintner (212) 876-2798.
From: The Boathouse.

This ride will follow one of Irv Weisman's scenic, meandering suburban routes through lovely neighborhoods. Mostly flat before lunch in Nyack. The ride home is also lovely, but there is one big hill. (Sorry — there's no way around it, although we may decide to chop it up into smaller pieces!) As usual, we will be emphasizing safety and good riding skills and providing effective cycling tips (free of charge). The ride should end at Central Park and 110th at approximately 5 pm. **Helmets required.** Check your tire pressure before you leave home and bring a spare inner tube. Also, bring plenty of water and some pocket food. The ride should be a lot of fun, and we hope to see you there.

C13 40 MI 9:00 AM Back to Brooklyn

Leader: David Hallerman (718) 499-4467. From: City Hall Park.

Bike lanes and bike paths, side streets and park roads, ocean views and marsh land. You'll find all that and more on our return tour of Brooklyn. The day's main destination is the open acreage of Floyd Bennett Field, part of the Gateway National Recreation Area, where the old runways offer a unique cycling experience.

Sunday, October 4**A21+ 80 MI 9:00 AM A 75 for Irv**

Leaders: Stephanie Bleacher and Rich Borow (212) 348-2661.
From: The Boathouse.

A twisty, rolling ride on some of the most challenging roads in the area as we head out to Greenwich. We hope it's still warm enough to eat outside in the park gazebo. Two water bottles, pocket food and low gearing in honor of Irv recommended, as well as a **Metro-North pass** for possible bail out in case the low gears are not quite low enough.

A18 70 MI 9:00 AM South Mountain Road

Leader: Damon Hart (212) 753-0204. From: The Boathouse.

A steady paceline ride through Bergen and Rockland counties, with the option for extra hills along the way (group decision en route.) Disciplined A skills required. Rain cancels.

KB17/18 100 MI 8:00 AM Seventh Annual Long Island Century

Leader: Buzz (212) 288-6324. From: The Boathouse (Call if you'd like to meet in Queens).

This isn't the easiest century, but it's a lot of fun. We'll take the flat southern route in the morning to lunch at Bethpage State Park. The return offers plenty of climbing to help the stomach digest. Be prepared for a full day of fun with two water bottles and pocket food. Patient and sociable "A" riders are welcome (Hey Mikey — It's on a Sunday!)

NYCC WELCOMES 36 NEW MEMBERS

Altman, Daniel	Kahane, Michele	Reisenfeld, Robin
Amsterdam, Jonathan	Kelly, P.A.	Ritzmann, Mark
Araten, Esti	Lindlof, Christine	Schaupp, Lissa
Bakamjian, David	Little, Greg	Shahoy, Amelia
Chen, Jeffrey	McGruder, Krista	Shymanski, Tina
Fadel, Sana	McLallen, Scott	Socoloff, Daniel
Geranios, Maria	Nelson, Andrew	Walsh, Lynn
Giese, Sharon	Nottingham, Nadiya	White, Marguerite
Gribbons, Mrk	Nunex, Jason	White, James
Heffner, Jane	Ormsten, Audrey	Winitch, Reuben
Hospod, Janice	Posey, Mark	Wolf, Kathleen
Hytonen, Katarina	Puente, Efen	Zook, Willard

**Irv's 75 for 75 — Not!
Irv Weisman's 75th Birthday Ride****ORGANIZED BY IRV WEISMAN**

See listings below for particulars.

Although Irv is 75 and his spirit is willing, his flesh is too weak to ride his beautiful 75 mile route this year. Instead, it will be led once again by Ed Sobin and Richard Goldberg who led it so successfully last year. The route goes as far north as South Mtn Road and has 2 snack stops before lunch in Tallman (on Rte 59, not the park). It has some demanding sections with one short hill on which all conversation ceases (Hint: Low gears!). The B14 rides will use Irv's old "50 mile Club Route" in NJ while the C12/40 will be Irv's actual Half-Birthday Ride this year. All rides will converge on Pascack Brook Park for a last snack before tackling the last 15 mi to the GW Bridge. **Helmets, pocket snacks, etc. required** (see page 11). **60% chance of rain cancels.** Note: GW Bridge Bus Terminal, at Fort Washington Ave and 178th St, can be reached by "A" train to 175th St & Fort Washington Ave.

B15 75 MI 8:00AM

Leader: Richard Goldberg (212) 874-2008. From: The Boathouse

B15 62 MI 8:30AM

Leader: Ed Sobin (718) 625-7452. From: GW Bridge Bus Terminal

B14 63 MI 8:20AM

Leaders: Mike DiCerro (212) 645-1120 and Lynn Sarro (212) 722-8495.
From: The Boathouse

B14 50 MI 9:00AM

Leaders: Alinda Barth (212) 928-5399 and Anne Grossman (212) 924-1549.
From: GW Bridge Bus Terminal

C12 40 MI 9:30AM

Leaders: Maggie Clarke (212) 567-8272 and Irv Weisman (212) 567-9672.
From: GW Bridge Bus Terminal.

Saturday, October 10**B13 60 MI 12:00 PM Pocantico Hills and Cheek to Cheek Tango**

Leader: Paul Rubenfarb (212) 740-9123.

From: NE corner of 181st St and Fort Washington Ave.

Challenging, low-traffic, undulating, climbing route to Westchester's peaks towering above the Hudson, lauded in Washington Irving's tales. Wheat germ mandatory morning of ride, **Metro-North** bailout for softies. During intermission land that magnetic boyfriend/girlfriend dancing ardent tango. Rain or shine.

Sunday, October 11**B13 50 MI 9:00 AM Back way to Piermont**

Leader: Dona Kahn (212) 399-9009. From: The Boathouse.

A relaxed and mostly shaded ride into the quaint village of Piermont along the Hudson. Fantastic bike shop, deli stop and a pier where we may have a picnic lunch.

CYCLISTS, TELL US WHAT YOU NEED!

As an Urban Cyclist please prioritize the following:

"Cyclists need ... the most" (use a scale from 1-10 to prioritize; 1 - least, 10 - most important; the same number may be used several times)

Improved access to bridges..... _____
A comprehensive network of bike lanes..... _____
Improved bicycle parking facilities..... _____
Improved access to mass transit..... _____
Improved roadway surface conditions..... _____
Other _____

Where did you receive this survey? _____

Where do you live? (including neighborhood and borough if applicable)

The City of New York Department of City Planning

Do you have any comments on the survey, or on cycling in New York City in general? Use the space below.



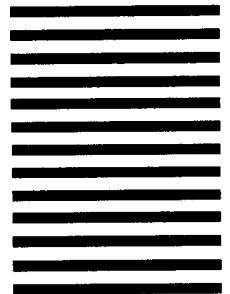
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The City of New York / Department of City Planning, Transportation Division
Bicycle Questionnaire

N^o 7080

Please answer the following questions as completely as possible - thank you!

The Bicycle Program at the Department of City Planning, Transportation Division has been very active in providing better cycling conditions in New York City. This survey will help our continued planning efforts, which include studies and implementation projects to improve bicycle parking and safety. Thanks for your help!

I. BICYCLE TRAVEL HABITS

Do you ever use your bicycle to commute to work? _____ yes _____ no
(If no, go directly to part B)

A. If yes:

Describe the route of your typical commute:

(i.e. Park Slope, Brooklyn to Midtown Manhattan)

Begins at _____

and ends at _____

The streets that I typically use are: _____

How long have you been commuting to work? _____ years

Approximately how far is your commute? _____ miles

How long does it usually take you? _____ hrs. _____ min.

I commute:

(choose one)

☐ once a week

☐ twice a week

☐ 3 or more times a week

☐ once a month

☐ twice a month

(choose one)

☐ year round

☐ seasonally

B. If no:

What is (are) your primary reason(s) for not commuting by bicycle?

(check all that apply)

☐ I work too far from home

☐ Fear of motorists

☐ Roadway surface conditions

are poor

☐ Nowhere to store my bike safely

☐ No shower/change facilities at work

C. Please tell us a little about yourself (optional).

What is your age? ☐ Under 21 ☐ 21-40 ☐ 41-62 ☐ Over 62

Are you ☐ Male ☐ Female

II. BICYCLE SAFETY (all trips)

Which roadway users are the greatest threats to your safety when riding in traffic?

(Please assign numbers 1-5 to each category (1 if low threat - 5 if high threat))

_____ taxi cab drivers

_____ double parked cars

_____ private passenger car drivers

_____ jaywalking pedestrians

_____ bus drivers

_____ in-line skaters

_____ truck drivers

_____ other cyclists

Along your typical routes, are there any particularly bad intersections or stretches of roadway? Describe the exact location: _____

What is the nature of the problem? _____

If you have been in an accident while riding in traffic: (check all that apply)

☐ a police report was filed

☐ I was doored (# _____ times)

☐ someone was injured

☐ I collided with a vehicle (# _____ times)

☐ someone was taken to the hospital

☐ I collided with a person (# _____ times)

III. BICYCLE PARKING (all trips)

Where would you like racks, lockers, etc.: (please be site specific)

A) Bike Racks

(including lots and garages)

B) Bike Lockers

C) Additional Bike Racks (where facilities are available but more are needed)

D) Bike Service Station (including guarded bike parking, repairs, bike rental, coffee, snacks, and a nice atmosphere)

If safe and secure bike parking were available (such as indoor and/or guarded facilities), how much would you be willing to pay?

\$ _____ an hour

\$ _____ per day

THANK YOU for your time and effort! Please fold here >

use seal provided (no staples), and mail. No postage necessary.

REGISTER NOW!

ESCAPE FROM NEW YORK CENTURY!

SEPTEMBER 26

SCENIC 50, 62 & 100 MILE ROUTES

TO PIERMONT, ROCKLAND LAKE & BEAR MOUNTAIN

👉 4TH SMASH YEAR — SPONSORED BY: 👉

 **NEW YORK CYCLE CLUB**

 **REGISTER NOW - SPACE IS LIMITED** 

JOIN US FOR THE FOURTH ANNUAL

Escape From New York Century.

Saturday, September 26, 1998

We've got a terrific Half-Century, Metric-Century and a challenging Century route designed specifically for your riding pleasure and thrill-seeking nature. The Half-Century visits the charming town of Piermont. the Metric-Century visits serene Rockland Lake State Park and the BIG ONE, a season's dream, goes all the way to Bear Mountain State Park. There's something for everybody to enjoy.

All rides depart from Grant's Tomb on Riverside Drive at 122 Street. Registration for the Century begins at 7 AM sharp, at 8 AM for the Metric-Century and at 9 AM for the Half-Century.

Register before September 16 and receive a free T-Shirt. The fee is only \$20. Day of event registration will cost \$25 (no shirt). T-shirts will be available for purchase on the day of the ride. Your fee gets you plenty of good food, awesome marked routes with cue-sheets, majestic scenery and the camaraderie of other cycle-crazy riders.

..... (CLIP AND SAVE THE TOP PORTION - IT CONTAINS INFORMATION YOU MIGHT NEED.)

REGISTRATION FORM:

Mail a check and this registration form to: **NYCC / ENY, P.O. Box 20541, Columbus Circle Station, New York, NY 10023**

NAME:

ADDRESS / APT

CITY

STATE

ZIP

TELEPHONE

EMERGENCY TELEPHONE

REGISTRATION FEE:

☐ \$20 if postmarked by Sept. 16. T-shirt size: (check one) ☐ Small ☐ Medium ☐ Large ☐ X-Large

I PLAN TO RIDE: (PLEASE CHECK ONE)

☐ HALF-CENTURY ☐ METRIC-CENTURY ☐ CENTURY

SIGNATURE OF RIDER:

SIGNATURE OF GUARDIAN (IF UNDER 18):

NOTE: SIGNATURE REQUIRED. ONE PERSON PER FORM (MAY BE DUPLICATED).

ALL PARTICIPANTS MUST WEAR A HELMET / RIDES GO RAIN OR SHINE / MAKE CHECKS PAYABLE TO: NEW YORK CYCLE CLUB/ENY.

NO CONFIRMATION OR ADDITIONAL MATERIALS WILL BE MAILED TO YOU PRIOR TO THE RIDE. ROUTE SHEETS WILL BE AVAILABLE AT THE START.

KNOW BEFORE YOU GO: In consideration of being permitted to participate in any way in New York Cycle Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin: 1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately cease further participation in the Activity. 2. FULLY UNDERSTAND that (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these risks and dangers may be caused by my own actions, or inactions, the action or inaction of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time, and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity. 3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE the Club, the LAB, their respective administrators, directors, agents and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENCE RESCUE OPERATIONS, AND I FURTHER AGREE that if, despite the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which may incur as the result of such claim. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Out of Bounds

Transportation Alternatives 1998 New York City Century, September 12. From the hills of Riverdale to the flat Shore Parkway bike path, from the Vanderbilt Parkway to Coney Island, the New York Century will take you through some of New York's most scenic and least-traveled roads, plus bring you across some of the newest bike lanes and over scenic bridges. You're guaranteed to find new places to ride, all within New York City limits. Marked and marshalled 50, 75, and 100-mile routes, mostly flat, will be offered through Manhattan, the Bronx, Queens, and Brooklyn. Central Park start and finish, with five bathroom, water and food stops staffed by T.A. volunteers. All-new 1998 T-shirt or patch free with registration. Remember, this is the ride that benefits **you** as a cyclist. Proceeds directly fund Transportation Alternatives' work for better biking. Look for registration brochures at bike shops in July, or visit <http://www.transalt.org/calendar/century/index.html> for on-line registration. To volunteer as a marshal or rest stop staffer, call T.A. at (212) 629-8080, fax (212) 629 8334 or e-mail: transalt@echonyc.com. The 1997 ride was a blast. This year promises to be even better!

Ramapo Rally, Ringwood, NJ, Sunday, September 13, 1998 (rain or shine). The Bicycle Touring Club of North Jersey's 21st Annual Rally will start at the Center for Family Resources in Ringwood, New Jersey, in the scenic Ramapo Valley. The 1998 Ramapo Rally features a choice of 5 new routes (20/30/50/62/100 mi) geared for all levels of cyclists. Day of event registration is \$20 between 7:00 am-10am. Food stops, cue sheets, route markings, sag wagons, and other goodies will be provided. Directions: From Interstate 287, Exit 57 (Skyline Drive), Skyline Drive app. 5 miles to Stopsign. Continue 1/10 mile. Go right on Greenwood Lake Tpke for app. 1 1/2 miles. Right on Sloatsburg Road. 2 miles to Morris Road. Follow signs to parking and registration. For more information call Bette Bigonzi at (973) 744-5924 or Dan O'Rourke (914) 268-0391.

Univest Grand Prix, "Cyclosporitif 100K," September 19, 1998. Souderton, PA (2 hours from NYC) Ride the race course. A beautiful, hilly ride, open to the public. Begins 3 hours before the Univest Grand Prix. Each rider will be timed and able to compare their efforts to those of the international racers. Raffle prizes include a Moser Leader AX frame, and trainers from Cycle Ops. Optek glasses for each rider. \$30 entry fee includes USCF insurance. Outdoor Life Network TV coverage. Applications at Gotham Bikes and Toga or call John Eustice (212) 213-9774 or visit www.spartacycling.com/univestgrandprix.

The Golden Apple Rides, Katonah, NY, September 20 (rain or shine). Every September, the Country Cycle Club sponsors a self-paced tour of Westchester and Putnam Counties. You can take marked routes of 25 to 125 miles, and you will be supported with maps, food, rest stops, and directions. The Golden Apple represents the culmination of the Westchester cycling season, and over 700 cyclists have come to challenge themselves and enjoy a fully supported ride. It's lots of fun for everyone involved. For more information, call (888) BIKE-INFO or visit www.geocities.com/Coliseum/Park/1424/news.html.

NYCC Escape from New York Century, Saturday, September 26, 1998. On-site registration begins at 7:00 am at Sakura Park (opposite Grant's Tomb at 122nd St. and Riverside Drive). Scenic and challenging routes that take you away from the honking and traffic and cabbies. 50-mile route goes to Piermont, 75-mile route to Rockland Lake State Park, 100-mile route to Bear Mountain. Great food, fun post-event party.

Staten Island Bicycling Association Pumpkin Patch Pedal Ride, Sunday, October 11, 1998, starting from Thompson Park, Jamesburg, New Jersey. Rides are for 25, 50, 62 and 100 miles. New for this year, autumn fantasy rest stops. Register by September 11 and receive a long sleeve t-shirt. Home cooked pasta buffet will be served after the ride for \$8. Breakfast, fully stocked rest stops, our apple and pumpkin pie, and a great ride is \$22. Call (718) 815-9290 for a brochure/application.

NYCC Member Leads Team to Gold in Amsterdam

— by Harold Levine

The Fast and Fabulous Cycling Team, New York's gay/lesbian bicycling group, led by **NYCC member Bob Nelson**, fielded a team to The Gay Games held August 1st to August 8 in Amsterdam, and won four medals.

Mountain bikers **Alex Acevedo** came in 10th out of 42, and Eileen Karn took a silver on the challenging course at the Amsterdam Bos, which included two flights of stairs, a patch of sand and enough tall grass to turn chains and cogs green.

At the road racing events, held at the beautiful Sloten cycling park, both Jay Hill and Jennifer Silverman missed a Bronze by seconds in the 7.5-mile time trials, but **Marten den Boer** copped a **Silver** and Maynard Yost a Bronze and in the over-45 age group, Marten in the Licensed division and Maynard in the Unlicensed.

In the most exciting race of the cycling program, the Men's Licensed Crit, Marten broke a spoke on the sixth of 32 laps and was about to drop out when the saintly Wayne Lerch of Team DC Velo, already out with a flat, offered Marten his wheel. **Marten jumped back in and got the Bronze** in the 50-mile race, and Brian Grundstrom came in eighth in his age group.

In the Team Time Trial, Fast and Fab fielded three entries. The women, Paulette, Jennifer, Mary Arce and Joan Nugent, took a fifth in 54:23 on the 12-lap race, about 18 miles. A pickup team consisting of Jay Hill, Maynard Yost, Jay Drwal and Wayne Lerch was also fifth, in 49:26. But **the Gold went to the Team Fast and Fab entry, Marten, Dwight, Brian and Bob Nelson**, who covered the course in a blistering but completely unexpected 48:10, beating the second-place team by only 18 seconds.

Bob Nelson reports that teams from Sydney and Amsterdam probably took more medals than Fast/Fab's four, but they could not possibly have had more fun.

For those who might be interested, Fast/Fab conducts rides from the Boathouse every Sunday, and trains together for long rides such as the Boston to Provincetown Super-Century in June, the AIDS Ride, and select road races and triathlons. Everyone is welcome, regardless of sexual orientation or ability.

Fast and Fabulous has been the subject of a number of recent articles, most recently in *The Advocate's* Gay Games issue and in *The New York Blade*. The Fast and Fabulous Cycling Team formed as a result of the interest aroused by the previous Gay Games, which were held in New York City in 1994.

For more information on Fast and Fabulous, call 212/567-7160, e-mail rjn2@columbia.edu, or visit the Fast/Fab website at <http://athena.ph.hunter.cuny.edu/fastnfab/>.

New Bike Lane Opened on Queensboro Bridge

A new bicycle path on the Queensboro bridge opened the first weekend of August and it sure beats the gridded metal and expansion joints on the other path. The new path has easy access ramps, a smooth surface of alternating concrete and pavement and no scary expansion joints. To reach the new bicycle path from Manhattan, ride up the left side of 1st Avenue, then take a left onto 60th St. The entrance to the path will be clearly visible alongside the bridge abutment. On the Queens side, the entrance is at Queens Plaza North and 27th Street. Note: at the Queens entrance, there is a steep curb, so slow down and be prepared to stop when coming from Manhattan.

— Gene Vezzani

9th Annual NYC CENTURY BIKE TOUR

PRESENTED BY
TRANSPORTATION ALTERNATIVES

SATURDAY SEPTEMBER 12, 1998

Make the NYC Century your training ride and find out just what you're ESCAPING from!

Brochures available at NY area bike shops
www.transalt.org
Call for more info: 212-629-3311

- CENTRAL PARK START & FINISH
- GROUP DISCOUNTS
- SIX TASTY REST STOPS AT PARKS AND WILDLIFE CENTERS
- CHOOSE YOUR DISTANCE, CHOOSE YOUR PACE, 40 (ALL NEW), 75 OR 100 MILES.



patagonia



PowerBar



All proceeds benefit Transportation Alternatives, the NY metro area's advocate for better cycling and safer neighborhood streets.

More on the NYCC Columbus Day Weekend in the Catskills

Spectacular Fall foliage, excellent food, fun people: come join us October 9-12 for a great weekend in Ulster County.

Phoenicia, 25 miles west of Kingston on Rt. 28 and in the heart of the Catskill Mountains, makes the perfect location for our weekend. There are lots of bed and breakfasts, inns, lodges and motels in the area and we all know the riding is great. (People don't ever get lost — they just wind up taking other pretty roads!) New Paltz is about 65 miles round-trip by bike (with or without climbing

Mohonk Mountain); Woodstock is 15 miles away and it's just a short detour from there to Devil's Kitchen; the infamous Peekamoose-Sampson-Slide Mountain loop is a mere 65 miles, albeit most of them are vertical! And there are literally thousands of miles of other scenic roads in the area.

Don't forget to bring your hiking boots as a number of people have said they will forego a day of riding to spend a day hiking one of the many trails in the area.

All rides will start and end at the Phoenicia

Elementary School on Route 214.

Sunday night's goup "dinner" will be an all-you-can-eat, all-you-can-drink barbecue Sunday afternoon, outside at Al's Restaurant in Phoenicia. The cost is \$25 per person and must be paid in advance. Please send a check payable to Jeff Vogel, 102-10 66th Rd., Apt. 14E, Forest Hills, NY 11375 by Sept. 20, 1998.

The following is a list of accommodations in the area. Please make your own reservations. Any questions, call Jeff Vogel 718 275-6978.

Phoenicia:

Cobblestone Motel 914 688-7871 (Inexpensive)

Phoenicia Motor Village 914 688-7772 (Inexpensive)

Chichester (2 mi from Phoenicia):

Maplewood B&B 914 688-5433 (Inexpensive)

Silver Creek Cottages 914 688-9912 (Inexpensive)

Mt. Tremper (4 miles):

La Duchesse Anne 914 688-5260 (Moderate)

Shandaken (6 miles)

Copper Hood Inn & Spa 914 688-9962 (Expensive)

Lamplite Motor Lodge 914 688-7130 (Moderate)

Shandaken Inn 914 688-5100 (Expensive)

Ramblebrook House B&B 914 688-5784 (Moderate)

Boiceville (7 miles)

Onteora Mountain House 914 657-6233 (Expensive)

Trail Motel 914 657-2552 (Moderate)

Hunter (13 miles):

Hunter Inn and Motel 518 263-3777 (Mod - Exp)

Terrace Garden Motel 518 263-4422 (Moderate)

Scribner Hollow Lodge 518 263-4211 (Expensive)

Heartbreak Hotel 518 263-5050 (Inexpensive)

Woodstock (13 miles):

Twin Gables Guest House 914 679-9479 (Inexp-Mod)

Woodstock Inn 914 679-8211 (Mod-Exp)

Pine Hill (13 miles):

Bellayre Youth Hostel 914 254-4200 (Cheap)

Pine Hill Arms 914 254-9811 or 254-4012 (Mod.)

Crosstabulated Results of the 1997 NYCC Members' Survey

One hundred and thirty two members (Over 10% of the NYCC membership) responded to the questionnaire circulated in 1997. The results were presented in the April 1998 *Bulletin*. Maggie Clarke compiled and tabulated the data presented here. Values are rounded to the nearest percent.

Answers to the Members' Survey are cross-tabulated against the criteria expressed on the left sides of the underlined table headings. The tables mostly crosstabulate survey answers by respondents' self-grading as "A," "B," or "C" riders: 55% of respondents consider themselves "B" riders, 23% "A" riders, and 22% "C" riders.

50% of the respondents have been NYCC members for at least three years; 95% of our members plan to renew their membership.

ENOUGH RIDES IN SPEED CATEGORY

Self-Grading:	A	B	C
Yes	70%	63%	25%
No	30%	37%	75%

Summary:

75% of C Riders don't see enough rides in their speed category.
36% of B riders don't see enough rides in their speed category.
30% of A riders don't see enough rides in their speed category.

ENOUGH RIDES IN DISTANCE CATEGORY

Self-Grading:	A	B	C
Yes	70%	66%	35%
No	30%	34%	65%

Summary:

Two-thirds of C riders don't have enough rides at their preferred distance.
Roughly a third of B and A riders don't have enough rides at their preferred distance.

RIDES WITH DISORDERLY RIDERS

Self-Grading:	A	B	C
None	20%	53%	64%
1 in 5	30%	23%	32%
2 in 5	27%	10%	4%
3 in 5	10%	9%	
4 in 5	7%	3%	
All	7%	3%	

Summary:

Half of A riders said that at least 40% of the rides they went on had disorderly riders. A quarter of B riders said that at least 40% of the rides they went on had disorderly riders. 4% of C riders said that 40% of their rides had disorderly riders.

HOW OFTEN ATTEND MONTHLY MEETINGS

Self-Grading:	A	B	C
None	10%	47%	45%
1-2/yr	31%	18%	24%
2-5/yr	31%	20%	14%
6-9/yr	21%	10%	7%
10-12/yr	7%	6%	10%

Summary:

59% of A riders go more than twice a year.
35% of B riders go more than twice a year.
31% of C riders go more than twice a year.

PREFERRED RIDE MILEAGE

Self-Grading:	A	B	C
<20 mi		40%	60%
21-35	10%	20%	70%
36-50	6%	64%	30%
51-65	22%	64%	14%
66-80	53%	47%	
81-100	75%	25%	
100+	50%	50%	

Summary:

A and B riders overlap in preferred distance between 50 and 100+ miles. B and C riders overlap in preferred distance between <20 and 50 miles.

ENOUGH RIDES IN DISTANCE CATEGORY / PREFERRED RIDE MILEAGE

Preferred Ride Mileage	Yes	No
<20 mi	47%	45%
21-35	33%	67%
36-50	42%	58%
51-65	72%	28%
66-80	79%	21%
81-100	50%	50%
100+	50%	50%

Summary:

Those preferring rides less than 50 miles do not have enough rides available. Those preferring rides between 50 and 80 miles have enough rides available.

RIDES THAT WENT FASTER THAN ADVERTISED / YEARS OF MEMBERSHIP

Years of Membership	None	1 in 5	2 in 5	3 in 5	4 in 5	All
<1	71%	11%	14%	4%		
1-2 yrs	37%	30%	9%	18%	6%	
3-5 yrs	29%	14%	14%	29%	11%	3%
6-10 yrs	22%	28%	33%	6%		11%
11+ yrs	14%	43%	14%	14%	7%	7%

Summary:

Those who have been members of the Club longer take part in more rides that go faster than advertised.

RIDE SAFELY

PREFERRED CRUISING SPEED

Self-Grading:	A	B	C
<10 mph			100%
10			100%
12		14%	86%
13		17%	83%
14		53%	47%
15		93%	7%
16	4%	88%	8%
17		93%	8%
18	29%	71%	
19	70%	30%	
20	80%	10%	
21	83%		
22+	80%		

Summary:

Preferred speeds overlap considerably between B and C riders around 13-14 mph, and between A and B riders around 18-21 mph.

ENOUGH RIDES IN SPEED CATEGORY / PREFERRED CRUISING SPEED

Preferred Cruising Speed	Yes	No
<10 mph	100%	
10	100%	
12	29%	71%
13	14%	86%
14	41%	59%
15	50%	50%
16	60%	39%
17	92%	7%
18	64%	36%
19	60%	40%
20	89%	11%
21	67%	33%
22+	40%	60%

Summary:

Those preferring rides under 15 mph are more likely not to find enough rides listed. Those preferring rides faster than 15 mph are more likely to find enough rides listed.

WOULD GO ON WEEKEND RIDES USING BIKES AND TRAINS

Self-Grading:	A	B	C
Yes	67%	64%	63%
Not Checked	33%	36%	37%

Summary:

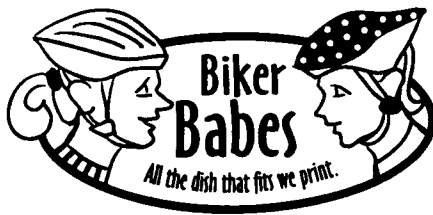
Roughly 2/3 of all Club members would go on weekend rides using trains, if offered.

WOULD GO ON WEEKEND RIDES USING BIKES ONLY

Self-Grading:	A	B	C
Yes	73%	70%	48%
Not Checked	27%	29%	52%

Summary:

Half to three-quarters of Club members would go on weekend rides using bikes only. A and B riders would be more likely to go.



The biker babe who has her ear closest to the ground is off on a vacation, and the mailbox at www.nyccnews@yahoo.com is empty — where are all you gossips? Let's hear from more of you in time for the October *Bulletin*.

Congratulations to **Jill Hamburg** and **Dave Coplan**, who are officially engaged and about to tie the knot before Labor Day. It seems the best way to ensure that you have someone with whom to bike is to make your biking partner your partner for life.

Get well wishes: **Dave Thomas** broke a rib in Prospect Park and on the same day **Mary Allen** broke a collar bone—remember that Mary was in the Master's Nationals last year and finished first, second and third respectively in each of the races she entered. Hope both bones heal fast and in time to finish out the summer.

At last month's traditional ice cream social (egads! it was actually yogurt — what ever happened to Ben and Jerry) it was great to see old friends — **Alan Leener** and **Steve Metcalf** were a sight for sore eyes. We hope they come to see us more often. Ellen Medins and Greg Worley were at the social, but they first went out for pizza and arrived only on time for the ice cream — maybe they had had the Dallas's BBQ chicken one too many times. Why did **Tim Andon** offer to drive **Jon Tsang** back to Conrad's Bike Store after finishing off his ice cream? Why, so he could have Jon change his car's flat tire (in less than 5 minutes, would you believe?) I hope Tim changes his own flats on the road with his bike, but be forewarned when you ride with him.

Everyone who went had a great time at Club Getaway. The weather was great, the rides great, the leaders (**Chris Audley**, **Ed Fishkin** and **Jeff Vogel**) were great and the best accomplishment of the weekend was that Ed Fishkin went home with 26 new phone numbers (of potential partners for life? or is Ed one of those confirmed bachelors?). How do we know there were 26 numbers? Someone in the group reported that he saw and counted them. Was he just jealous or is he just a good reporter checking on his facts?

Jody Sayler and **Christy Guzzetta** are completing their country house in Cold Spring — if it looks like other houses that Jody, an architect, has designed, it should be spectacular — but then we should be able to check it out — which means that Jody and Christy should hold a biking event as a house warmer — well, when a couple get married on an old river boat, which is used year after year for the fourth of July weekend at West Point with half the bike club present, why wouldn't they open their house to the bike club — just kidding.

This might be old news to some, but it is worth repeating — we heard that on a trip to Crete last year, **Kristi Roberts** was unpacking her bike on arrival and broke her seat post bolt — **Mike De Lillo** not only happened to have a spare bolt, but it was the kind which doesn't fit his own bike; he just carries it to be the man of the hour when an attractive woman is in distress.

Lastly, but not least, congratulations to **Irv Weisman** on his 75th birthday — for those of us who have ridden with Irv on his birthday rides, we all wish him well and look forward to the 80-mile ride with him in the year 2003.

Keep the dish coming and please, please e-mail us with all the news which will fit.

Bouquets & Brickbats...

Selected Letters to the Bulletin

VOLUNTEERS, ANYONE?

This letter is to request NYCC's participation in the Staten Island/Brooklyn Boy Scout Councils 1998 Jamboree, which will be held at Fort Hamilton Army Base, Brooklyn, Friday, October 9 through Monday, October 12, 1998.

The event is expected to draw over 2000 young participants and an additional 2000 visitors. Press coverage is also planned.

Scouting is supposed to prepare our young people for their future. We wish to provide meaningful demonstrations of vocational opportunities and enriching experiences at the Jamboree, so we are requesting the participation of your organization or members.

Could members of your club attend, perhaps even set up a cycling display and give some info about cycling and the NYCC to the many scouts who will be attending?

Even better, would some members be interested in volunteering their time to administer the Cycling Merit Badge (recently added to the

list of Merit Badges that Scouts can earn) to the registered Scouts at the jamboree? I would be more than happy to help out or coordinate this effort.

I do think this will be a great exposure for your club and help promote safe and enjoyable cycling to youth.

Isaac Michalowski,
Program Chair
12 Aug 1998

Persons interested in volunteering for possible NYCC participation in the Jamboree should please contact Gene Vezzani, preferably at genev@pipeline.com. — Ed.

Mirrors Added to GWB Towers

Thanks to T.A. member John Henderson, the Port Authority recently installed parabolic mirrors at the tower corners of the south sidewalk on the George Washington Bridge so oncoming bikes and peds can see each other better.

These corners have always been dicey, but with the new construction fencing up, there's even less room for error.

Ride Safely!

— Caryl Baron

Re-Cycling

Two classifieds per member per year are free (up to 6 lines). Additional ads \$1.00 per 50-character line. Please send classified listings to the Bulletin Editor. **Mac compatible disk or e-mail is required.** Listings will run for one month unless otherwise specified.

FOR SALE:

Classic all-chrome **Panasonic 12-speed** man's road bike. Rare 25" frame for someone 6'3" or taller. Completely overhauled and cleaned. Excellent condition. \$200 OBO. Call **Ken** at (212) 595-5133.

WANTED:

Wanted: Road bicycle: 56-58 cm frame, mid to high quality preferred, age and appearance not important. Call **Bill** at (212) 783-8222, or e-mail humnickyp@aol.com

MINUTES OF THE NEW YORK CYCLE CLUB BOARD MEETING OF TUESDAY, JULY 7, 1998

Present: Gene Vezzani, C.J. Obregon, Dona Kahn, Ludwig Vogel, Anne Grossman, Douglas Riccardi, Tom Laskey, Gary McGraine and Bernie Brandell.

Absent: Ben Goldberg, Joel Englander and Charlie Katz.

The minutes for May 5 and June 2, 1998 were approved.

The board discussed the Escape from New York Century, including the direction of sponsorship and advertising. Douglas and Anne agreed to work on the t-shirt, brochure and advertising.

Anne discussed upcoming special events and coordinated the barbecue.

There was a discussion of the need for more slow A rides.

Gene reported on the status of the Millennium Jerseys.

It was agreed that the ride coordinators would ask ride leaders to find co-leaders in an effort to enlist new ride leaders.

The meeting adjourned at 7:40 pm

Respectfully submitted

Conrad J. Obregon

Before your first club ride, please read this:

NYCC RIDES are led by volunteer leaders who plan the route and maintain the listed speed (e.g. B15 = B Style / 15 mph cruising speed — see charts). Our rides are described by pace and style because it's more fun when the group is of similar ability. We ride for fun, fitness, and food.

RIDE STYLE indicates the type of riding. See chart at right. **CRUISING SPEED** indicates the ride's speed on flat terrain. **AVERAGE RIDING SPEED** over rolling terrain is 3 mph less than cruising speed. This will vary plus or minus 1 mph, according to terrain. **OVERALL SPEED**, including all rest and food stops, is about 3 mph less than average riding speed.

SELF-TEST: Assess your personal cruising speed by riding 4 laps (24.08 miles) around Central Park at a comfortable pace and matching your time with the chart. NOTE: Riding fewer than 4 laps will give you a false assessment. *(The northern end of the park can be dangerous; ride with other cyclists, and mind the radar-enforced speed limit.)*

YOUR FIRST NYCC RIDE: Be conservative. Choose a ride easier and shorter than you think you can ultimately handle. You won't enjoy struggling to keep up with a ride that's too fast for you, nor will the group enjoy waiting for you. It's a good idea to call the leader a day or so before the ride, and introduce yourself when signing up at the start.

BEFORE ANY RIDE: Check that your bike is in good riding condition: brakes and derailleurs working well, tires pumped to the pressure specified on the sidewall. Eat breakfast.

BRING: helmet, spare tube, tire levers, patch kit pump, water, snacks, money, medical ID, emergency phone numbers. **We also suggest:** lock, rail pass. Leaders may specify other items in their ride listings.

BIKE TRAINS: On Saturdays and Sundays, Metro-North has scheduled specific trains to/from Grand Central Station to accommodate large groups of cyclists. Bike trains are indicated by a bicycle symbol on the Metro-North timetable. Schedules change frequently. The following is the most current one available.

FROM GCT	TO/FROM	TO GCT
7:54 AM (HUDSON LINE)	POUGHKEEPSIE	4:12 PM
8:58 AM (HUDSON LINE)	POUGHKEEPSIE	5:12 PM
	POUGHKEEPSIE	6:12 PM
8:49 AM (HARLEM LINE)	BREWSTER No.	4:08 PM
8:07 AM (NEW HAVEN LINE)	NEW HAVEN	3:57 PM

Bike passes are always required. *There are no Bike Trains on holidays. Refer to roster for restrictions* which apply at other times. If you are leading a ride and absolutely require a Bike Train at another time, you must call NYCC's Metro-North liaison, Jeff Vogel at (718)275-6978 well in advance to try to arrange another train for your ride. Bike passes are available at Window 27 at Grand Central or by calling (212)499-4398 for an application.

RIDE STYLE	DESCRIPTION
A	Vigorous riding with advanced bike handling ability including cooperative paceline skills. Stops every 2 hours or so.
B	Moderate to brisk riding with more attention to scenery. Stops every hour or so.
C	Leisurely to moderate riding, sightseeing and destination oriented. Stops every half-hour or so.
ATB 1	Hilly to mountainous and single track riding. Mountain bikes only.
ATB 2	Rolling to hilly with some single track and trail riding. Mountain and hybrid bikes.
ATB 3	Flat to rolling, trails and road riding. Mountain and hybrid bikes.

CRUISING SPEED	CENTRAL PARK SELF TEST FOUR LAP TIME
22+ MPH	1:10 OR LESS
21	1:10 TO 1:13
20	1:13 TO 1:16
19	1:16 TO 1:20
18	1:20 TO 1:25
17	1:25 TO 1:30
16	1:30 TO 1:38
15	1:38 TO 1:48
14	1:48 TO 2:00
13	2:00 TO 2:14
12	2:14 TO 2:30
11	2:30 TO 2:50



1998 RENEWAL / MEMBERSHIP APPLICATION / CHANGE OF ADDRESS

In consideration of being permitted to participate in any way in New York Cycle Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin: 1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately cease further participation in the Activity. 2. FULLY UNDERSTAND that (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these risks and dangers may be caused by my own actions, or inactions, the action or inaction of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time, and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity. 3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE the Club, the LAB, their respective administrators, directors, agents and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS, AND I FURTHER AGREE that if, despite the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which may incur as the result of such claim. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

☐ New ☐ Renew ☐ Change of Address Date _____ Check Amount _____

PLEASE PRINT OR USE ADDRESS LABEL. ZIP CODE IS REQUIRED. Mail this application with a check made payable to the:

New York Cycle Club, P.O. Box 20541, Columbus Circle Station, New York, NY 10023.

NAME: _____ SIGNATURE: _____

NAME: _____ SIGNATURE: _____

ADDRESS / APT _____

CITY _____ STATE _____ ZIP (REQUIRED) _____

DAY TEL _____ NIGHT TEL _____ E-MAIL _____

Check, if applicable: I do **not** want my ☐ Address ☐ Phone ☐ E-mail published in the NYCC semi-annual roster.

ANNUAL MEMBERSHIP: Jan. 1 – Dec. 31, 1998. Please check the appropriate ring:

☐ Individual — \$21

☐ Couple residing at the same address — \$27



New York Cycle Club
P.O. Box 20541
Columbus Circle Station
New York, NY 10023

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Take the 1, 2, 3, or 9 to 72nd St., and walk two blocks east, or take the B or C to 72nd St. and walk 1/2 block west.
Sorry, no indoor bike parking.

We will have our own private room, and great food.
New Menu, New Prices:
Half Rotisserie Chicken With Salad \$12.00
Large Dinner Caesar Salad 12.00
All of the Above Served With Corn Bread, Potato, Cole Slaw, Coffee and Dessert.
Meet at 6:00 pm — Dinner at 6:30 — Program at 8:00.
Admission Between 6:00 and 8:00 pm — Per Menu Above.
(Includes dinner, tax, gratuity and the program.)
Admission after 8:00 pm (program only) — Free.

Dallas BBQ
27 West 72nd St. (between Columbus Ave. and Central Park West)
212-873-2004

You Are Always Welcome, But Please Help Us Estimate How Many People Are Coming:
Please Call or E-Mail Joel Englander or If You Plan to Attend

Speaker: Meet Greg LeMond (Who Knows?) Bicycle Giveaway (May Be?)
Come to Our Meeting and Find Out

Mystery Program:

A Great Social Evening: Meet With Your Fellow Cyclists
Come to Our Meeting September 8
September Mystery Night